
Use your assessment to determine gaps and opportunities. Then establish goals and make improvements.

ENVIRONMENT **Completely tobacco-free worksite** (including e-cigarettes)

POLICY **Draft and adopt a tobacco-free workplace policy**
Ideal policy provisions

- Buildings, grounds, vehicles on grounds and company vehicles are tobacco-free (including e-cigarettes) at all times
- Enforcement protocols are spelled out
- Managers/supervisors support policy
- Tobacco-free workplace signage

SYSTEMS **Quit medications**

- **Pharmacy benefit** includes coverage of over-the-counter (OTC) and prescription quit medications with no (or minimal) copay or deductible
- **Enforcement protocol** is developed and managers are trained on protocol

SOCIAL SUPPORT **Could include**

- **Tailored tobacco-cessation program** offered in-house or through health plan or QUITPLAN® Services (uninsured and underinsured Minnesotans)
- Cessation support group
- Lunch & Learns
