

# Self-Test for Children's Mental Health Training

(2 hours of CMH training required the initial license year; 1 hour annually thereafter)

## Please complete and return to your licensor for training credit and certificate.

1. Name 3 of the mental health diagnoses discussed:  
(1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_
2. Autism is a \_\_\_\_\_ - based disorder of development.
3. 1 in 5 teens has \_\_\_\_\_.
4. Threats of suicide have 3 of the 5 "dos." Name them:  
(1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_
5. Name 2 diagnoses depression can present with:  
(1) \_\_\_\_\_ (2) \_\_\_\_\_
6. Many of the symptoms of \_\_\_\_\_ can be mistake for depression.
7. Most foster children have extreme or delayed \_\_\_\_\_.
8. A child develops \_\_\_\_\_ that looks like "symptoms" when they come to your home.
9. Name 3 of the 6 components to a posttraumatic stress disorder (PTSD) action plan.  
(1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_
10. Attention deficit/hyperactivity disorder (ADHD) clinical characteristics become more problematic during \_ years.
11. Attachment patterns are formed in the first \_\_\_\_\_ years of life.
12. Children diagnosed with reactive attachment disorder (RAD) treat the caring adult as if (name 2):  
(1) \_\_\_\_\_ (2) \_\_\_\_\_
13. Fetal alcohol spectrum disorder (FASD) is a lifelong \_\_\_\_\_.
14. \_\_\_\_\_ continues to be the most common reaction from parents who are raising children with mental illness.
15. We often compromise a child's \_\_\_\_\_ as we discuss their challenges and our frustrations.
16. Name 3 of your 6 resources when caring for children with mental health concerns:  
(1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Training Date

\_\_\_\_\_  
Licensor Signature