COMMUNITY RESOURCE GUIDE

Housing, Health, Employment, Transportation

Counseling, Education, Legal

Child Care, Activities & Programs, Cultural

And More!

Blue Earth County Human Services
507.304.4222
www.blueearthcountymn.gov/HSResourceGuide
Blue Earth County Human Services

**GENERAL INFORMATION**
For more information on programs and services in Blue Earth County, go to https://www.blueearthcountymn.gov/99/Human-Services-Social-Services.

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**Blue Earth County Human Services**
*Blue Earth County Government Center*  
410 S. Fifth St.  
P.O. Box 3526  
Mankato, MN 56001-3526

**Phone:** 507-304-4222  
**Fax:** 507-304-4379  
**Hours:** 8:00 am – 5:00 pm  
Monday through Friday

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**BLUE EARTH COUNTY SERVICES**

**Administration**  507-304-4222
- Accounting & Billing
- Information & Support

**Financial Assistance**  507-304-4335
- Cash Assistance Programs
- Food Assistance
- Childcare Assistance
- Healthcare Programs
- Emergency Assistance
- Employment Services

**Supportive Housing**  507-304-4335
- Supportive Housing Case Management
- Housing Triage

**Public Health**  507-304-4319
- Women, Infant, & Children (WIC)
- Child & Teen Checkups
- Disease Prevention & Control
- Emergency Preparedness
- First Steps
- Immunizations
- Long Term Care Services (65+)
- Maternal & Child Health
- Personal Care Assistant (PCA)
- Statewide Health Improvement Partnership (SHIP)

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**Behavioral Health**  507-304-4319
- Second Step Clubhouse
- Adult Mental Health Case Management
- Community Support Program (CSP)

**Child & Family Services**  507-304-4222
- Adoption
- Child Protective Services
- Child Care
- Adolescent Services
- Foster Care

**Disability Services**  507-304-4444
- Disability Waiver Services  Option 2
- Developmental Disability Services
- Vulnerable Adult/Adult Protection

**Licensing Services**  507-304-4273
- Child Foster Care
- Adult Foster Care
- Family Child Care

**Mental Health Services**  507-304-4319
- Mental Health Center
- Adult Mental Health Services
- Children’s Mental Health
- Yellow Line Project

**Child Support**  507-304-4335

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**ONLINE PAYMENTS**
Submit Human Services-related payments online via the Blue Earth County website for the following services:
- Background Checks
- Chemical Dependency
- Daycare License Fees
- Childcare Overpayments
- Detox Fees
- Foster Care License Fees
- Medical Assistance
- State Overpayments

https://www.blueearthcountymn.gov/FormCenter/Online-Payments-12/Human-Services-Payment-84
CRISIS & EMERGENCY SERVICES

- **Police, Fire, & Ambulance** 911
  24 hours a day
- **Snow Emergency Information** 507-387-9001
  24 hours a day
- **Blue Earth County Hotline** 507-304-4319
  After 5:00 pm

**Crisis Text Line** Text MN to 741741
Free services available 24/7. If you or someone you care about is having a mental health crisis or are contemplating suicide.

**Yellow Ribbon Suicide Prevention**
Southern Minnesota 1-800-865-0606
National Line 1-800-784-2433

**988 Suicide and Crisis Hotline** Dial 988

**American Red Cross** 507-387-6664
421 E. Hickory St. Ste. 403
Mankato, MN 56001
[https://www.redcross.org/](https://www.redcross.org/)

**Blue Earth County** 507-304-4444
Child Protective Services Option 1
410 S. Fifth Street
Mankato, MN 56001
[https://www.blueearthcountymn.gov/492/Child-Protective-Services](https://www.blueearthcountymn.gov/492/Child-Protective-Services)

**Blue Earth County** 507-304-4335
Emergency Assistance
410 S. Fifth Street
Mankato, MN 56001

**Committee Against Domestic Abuse (CADA)** 507-625-3966
Available 24 hours a day for emergency housing and support
100 Stadium Ct.
Mankato, MN 56001
1-800-477-0466 (Crisis Line)
507-625-3966 (Shelter/TTY)
507-625-8688 (Business)
[www.cadamn.org](http://www.cadamn.org) | advocacy@cadamn.org

**Crisis Nursery** 507-995-9259
Lutheran Social Service
710 S. Second Street
Mankato, MN 56001
[https://www.lssmn.org/services/families/crisis-nurseries](https://www.lssmn.org/services/families/crisis-nurseries)

**Poison Control Center** 1-800-222-1222
[www.aapcc.org](http://www.aapcc.org)

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**CRISIS & EMERGENCY SERVICES (CONT.)**

- **Mayo Clinic Health System** 507-625-4031
  Mankato 1-800-327-3721
  1025 Marsh Street
  P.O. Box 8673
  Mankato, MN 56001-8673
  [www.mayoclinichealthsystem.org/locations/mankato](http://www.mayoclinichealthsystem.org/locations/mankato)

- **Minnesota Valley Action Council** 507-345-6822
  Crisis Program (Energy Assistance)
  706 N. Victory Drive
  Mankato, MN 56001

- **The REACH Resource Center** 507-381-6670
  Supporting youth who are at risk, experiencing homelessness, or have run away.
  125 E. Liberty Street
  Mankato, MN 56001
  [https://www.lssmn.org/services/youth-homelessness/mankato/the-reach](https://www.lssmn.org/services/youth-homelessness/mankato/the-reach)

- **Vulnerable Adult/Adult Protection** Option 2
  Reports of suspected maltreatment of a vulnerable adult are made 24 hours a day, 7 days a week, 365 days a year to MAARC at 1-844-880-1574.
  410 S. Fifth Street
  Mankato, MN 56001
  [www.blueearthcountymn.gov](http://www.blueearthcountymn.gov)
  MAARC: [https://mn.gov/dhs/people-serve/seniors/services/adult-protection/](https://mn.gov/dhs/people-serve/seniors/services/adult-protection/)

- **South Central Crisis Center** 1-877-399-3040
  Provides support for adults with mental health needs.
  Mobile Crisis Services provide support for children, teens, and adults experiencing a mental health crisis.
  2100 Bassett Drive
  Mankato, MN 56001

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**EMERGENCY HOUSING**

- **Theresa House** 507-387-4061
  423 S. Broad Street
  Mankato, MN 56001
  [https://partnersforhousing.org/emergency-shelters/theresa-house/](https://partnersforhousing.org/emergency-shelters/theresa-house/)

- **Welcome Inn** 507-387-4061
  419 S. Broad Street
  Mankato, MN 56001
  [https://partnersforhousing.org/emergency-shelters/welcome-inn/](https://partnersforhousing.org/emergency-shelters/welcome-inn/)

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Blue Earth County | Community Resource Guide
EMERGENCY HOUSING (CONT.)

- **Connections Ministry/Shelter**  507-995-4952
  
  *Shelter *
  
  Seasonal: Open early October through May
  220 E. Hickory St.
  Mankato, MN 56001
  Shelter Hours: 6:00 pm – 8:00 pm
  
  **Office/Drop-In Center**  507-720-6907
  
  Open year round
  800 S. Front St.
  Mankato, MN 56001
  [https://www.connectionsshelter.org/](https://www.connectionsshelter.org/)

- **Salvation Army Emergency**  507-345-7840
  
  *Day Shelter *
  
  Open year-round from 9:00 am – 5:00 pm
  700 S. Riverfront
  Mankato, MN 56001
  [https://centralusa.salvationarmy.org/northern/mankato/](https://centralusa.salvationarmy.org/northern/mankato/)

- **Union Street Place Shelter**  507-931-3100
  
  211 Union Street
  St. Peter, MN 56082
  [https://partnersforhousing.org/emergency-shelters/union-street-place/](https://partnersforhousing.org/emergency-shelters/union-street-place/)

SUBSTANCE USE DISORDER PROGRAMS

Substance Use Disorder (SUD) services include a Comprehensive Assessment of an individual’s needs related to alcohol and/or other chemicals, drugs, and substance use as well as treatment planning and interventions. You can go directly to the SUD assessment and treatment provider of your choice to receive an assessment or treatment services.

- **Alcoholics Anonymous (AA)**  507-387-2772
  
  *Fifth Avenue Alanon*  507-388-8989
  1430 Fifth Avenue
  Mankato, MN 56001
  [www.mankatoaa.com](http://www.mankatoaa.com)

- **Blue Earth County**  507-304-4319
  
  Human Services Chemical Health Services
  410 S. Fifth Street
  Mankato, MN 56001
  [https://www.blueearthcountymn.gov/502/Substance-Use-DisordersChemical-Health-S](https://www.blueearthcountymn.gov/502/Substance-Use-DisordersChemical-Health-S)

- **Fountain Centers**  507-625-3372
  
  101 Martin Luther King Jr. Dr.
  Mankato, MN
  [https://www.mayoclinichealthsystem.org/services-and-treatments/chemical-dependency-treatment](https://www.mayoclinichealthsystem.org/services-and-treatments/chemical-dependency-treatment)

SUBSTANCE USE DISORDER PROGRAMS (CONT.)

- **Christian Family Solutions**  1-800-438-1772
  44 Good Counsel Dr
  Mankato, MN 56001
  [https://christianfamilysolutions.org/locations/mankato/](https://christianfamilysolutions.org/locations/mankato/)

- **Inspire Services**  507-364-5312
  1031 West Grace Street
  St. Peter, MN 56082
  [https://www.inspireservicesllc.com/](https://www.inspireservicesllc.com/)

- **Rural AIDS Action Network (RAAN)**  507-345-1011
  *For Free Narcan and syringe exchange programs*
  220 E Hickory St., #104
  Mankato, MN 56001
  [https://raan.org/](https://raan.org/)

- **Kato Project 3**  507-327-9890
  501 Madison Ave
  Mankato, MN 56001
  [www.katoproject3.com](http://www.katoproject3.com)

- **Mankato Chemical Health**  507-229-0350
  1826 Commerce Drive
  North Mankato, MN 56003
  [https://mankatochemicalhealth.com/](https://mankatochemicalhealth.com/)

- **Nystrom & Associates**  507-225-1500
  201 N Broad St., Suite 200
  Mankato, MN 56001

- **Quitplan**  1-800-QUIT-NOW (784-8669)
  Text “Start” to 36072
  [www.quitplan.com](http://www.quitplan.com)

- **Beyond Brink**  507-779-7091
  314 Chestnut St
  Mankato, MN
  [www.wecoverry.me](http://www.wecoverry.me)

- **Minnesota Harm Reduction Team**  507-384-9060
  *Call or Text 24/7; provides Narcan and test strips*
  314 Chestnut St.
  Mankato, MN 56001
  [www.smhrt.net](http://www.smhrt.net)

- **NUWAY-Mankato Counseling**  507-295-4940
  *Center*
  **Mankato Location:**
  802 S. Front St.
  Mankato, MN 56001
  **St. Peter Location:**
  1715 Sheppard Dr.
  St. Peter, MN 56082
  [www.smhrt.net](http://www.smhrt.net)
EMPLOYMENT SERVICES

Employment services provides help with job search, training options, retention, and stabilization services to individuals.

• Blue Earth County Employment Services 507-386-5750
  421 E. Hickory Street, Suite 400
  Mankato, MN 56001
  https://www.mymrci.org/county-employment-services

• Career Force 507-344-2622
  12 Civic Center Plaza, Suite 1600A
  Mankato, MN 56001
  www.careerforcemn.com

• Doherty Staffing Solutions 507-387-5009
  1400 Madison Ave., Suite 332
  Mankato, MN 56001
  https://www.doherty.jobs/

• Jeane Thorne Staffing 507-625-8800
  1600 Madison Ave., Suite 104
  Mankato, MN 56001
  www.malonesolutions.com

• Life-Work Planning Center 507-345-1577
  127 S. Second St., Suite 210
  Mankato, MN 56001
  www.lwpc.org

• Manpower Staffing Solutions 507-345-4201
  111 Star Street., Ste. 110
  Mankato, MN 56001

• Masterson Staffing Solutions 507-229-0300
  624 N. Victory Dr.
  Mankato, MN 56001
  www.mastersonstaffing.com

• People Ready 507-201-8246
  1707 Madison Avenue
  Mankato, MN 56001
  www.peopleready.com

JOBS HOTLINE NUMBERS

<table>
<thead>
<tr>
<th>Resource</th>
<th>Phone #</th>
</tr>
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<tbody>
<tr>
<td>Blue Earth County</td>
<td>507-304-4150</td>
</tr>
<tr>
<td>City of Mankato</td>
<td>507-387-8600</td>
</tr>
<tr>
<td>Mayo Health System</td>
<td>1-866-488-8736</td>
</tr>
<tr>
<td>Mankato Clinic</td>
<td>507-389-8622</td>
</tr>
<tr>
<td>Mankato CareerForce</td>
<td>507-344-2622</td>
</tr>
<tr>
<td>MRCI</td>
<td>507-386-4747</td>
</tr>
</tbody>
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EMPLOYMENT SERVICES (CONT.)

• Team Personnel 507-720-6556
  121 E. Main St.
  Mankato, MN 56001
  www.teampersonnel.com

• Volt Workforce Solutions 507-304-6514
  2030 Lookout Drive
  North Mankato, MN 56003
  www.volt.com

• Aerotek 507-601-5046
  921 Madison Ave, Suite 101
  Mankato, MN 56001

• Express Employment Professionals 507-387-5620
  113 Monroe Ave
  North Mankato, MN 56003
  https://www.expresspros.com/mankato/

VETERANS SERVICES

Technical support to veterans and their dependents with a diverse array of benefits and services, outpatient medical clinic services, and general Veterans assistance options.

• Blue Earth County Veterans 507-304-4246
  Service Department
  410 S. Fifth Street
  Mankato, MN 56001
  https://www.blueearthcountymn.gov/106/Veterans-Services

• MN Assistance Council 507-345-8258
  for Veterans
  724 Madison Avenue
  Mankato, MN 56001
  https://www.mac-v.org/

• Veterans Crisis Line 888, Press 1
  24/7, confidential crisis supports for Veterans and their loved ones.
  Text 838255
  https://www.veteranscrisisline.net/

• Lyle C. Pearson VA Clinic 507-387-2939
  Outpatient medical clinic
  1400 Madison Ave., Suite 502
  Mankato, MN 56001
TRANSPORTATION
Non-emergency transportation, services for those with ambulatory limitations, transportation for children, and general taxi and transportation services.

• **AmeriCare Mobility Van (AMV)**  507-625-6741  
  307 Pine Street  
  Mankato, MN 56001  
  [www.amvan.com](http://www.amvan.com)  

• **Blue Earth Taxi**  507-388-2227  
  111 Butterworth St.  
  Mankato, MN 56001  
  [https://www.blueearthtaxi.com/services](https://www.blueearthtaxi.com/services)  

• **Espeland Van Service**  507-893-4458  
  2500 9th Ave.  
  Mankato, MN 56001  

• **Greyhound Bus Lines**  507-625-3977  
  50 Sibley Parkway  
  Mankato, MN 56001  

• **117 Centennial Student Union**  507-389-1866  
  Mankato, MN 56001  
  [www.greyhound.com](http://www.greyhound.com)  

• **Kato Flex**  507-387-8600  
  Shared ride, curb-to-curb service for individuals residing in areas where there is no fixed route bus service connecting neighborhoods to the Mankato Transit System network.  
  [https://www.mankatomn.gov/residents/mankato-transit-system/kato-flex](https://www.mankatomn.gov/residents/mankato-transit-system/kato-flex)  

• **Mankato Land to Air Express**  507-625-3977  
  50 Sibley Parkway  
  Mankato, MN 56001  
  [www.landtoairexpress.com](http://www.landtoairexpress.com)  

• **True Transit**  1-800-560-1575  
  421 E Hickory St  
  Mankato, MN 56001  
  [www.truetransit.org](http://www.truetransit.org)  

• **WS Transportation**  507-420-4503  
  1517 Fair St.  
  Mankato, MN 56001  
  [www.quicktransportsolutions.com](http://www.quicktransportsolutions.com)  

• **Paratransit**  507-387-8600  
  Shared ride, origin-to-destination complimentary service for eligible individuals with disabilities.  
  [https://www.mankatomn.gov/residents/mankato-transit-system/paratransit](https://www.mankatomn.gov/residents/mankato-transit-system/paratransit)  

• **Care Transport Services**  507-344-8900  
  931 Madison Ave., Suite 203  
  Mankato, MN 56001  
  [www.caretransportservices.net](http://www.caretransportservices.net)  

HEALTH CARE FACILITIES
Local health care facilities for general medical services.

• **Mankato Clinic-Main Street**  507-625-1811  
  1230 E. Main Street  
  Mankato, MN 56001  
  [www.mankatoclinic.com](http://www.mankatoclinic.com)  

• **Mankato Clinic-North Mankato**  507-625-5027  
  1575 Lookout Drive  
  North Mankato, MN 56003  
  [www.mankatoclinic.com](http://www.mankatoclinic.com)  

• **Children’s Health Center**  507-389-8529  
  1421 Premier Drive  
  Mankato, MN 56001  
  [www.mankatoclinic.com](http://www.mankatoclinic.com)  

• **Mapleton Family Medicine**  507-524-3835  
  305 Main Street Northeast  
  Mapleton, MN 56065  
  [www.mankatoclinic.com](http://www.mankatoclinic.com)  

• **Wickersham Health Campus**  507-625-1811  
  1421 Premier Drive  
  Mankato, MN 56001  
  [www.mankatoclinic.com](http://www.mankatoclinic.com)  

• **Mayo Clinic Health System-Hospital/Main Street**  507-625-4031  
  1025 Marsh Street  
  Mankato, MN 56001  
  [www.mayoclinic.org](http://www.mayoclinic.org)  

• **Mayo Clinic Health System-Northridge**  507-594-5700  
  1695 Lor Ray Drive  
  North Mankato, MN 56003  
  [www.mayoclinic.org](http://www.mayoclinic.org)  

• **Mayo Clinic Health System-Eastridge**  507-594-6500  
  101 Martin Luther King Jr. Drive  
  Mankato, MN 56001  
  [www.mayoclinic.org](http://www.mayoclinic.org)  

• **Mayo Clinic Health System-Madison East Center**  507-594-2600  
  1400 Madison Avenue, Suite 100AA  
  Mankato MN, 56001  
  [https://www.mayoclinichealthsystem.org/locations/mankato](https://www.mayoclinichealthsystem.org/locations/mankato)
HEALTH CARE FACILITIES (CONT.)

- Blue Earth County Mental Health Center  
  410 S. Fifth Street  
  Mankato, MN 56001  
  www.blueearthcountymn.gov

- Open Door Health Center  
  309 Holly Lane, #101  
  Mankato, MN 56001  
  www.odhc.org

- Planned Parenthood  
  201 N. Victory Drive, Suite 211  
  Mankato, MN 56001  
  www.plannedparenthood.org

- Alliance Health Care  
  600 S. Riverfront Dr.  
  Mankato, MN 56001  
  https://alliancehealthcare.com/

HEALTH INSURANCE

- MNSure  
  1-855-366-7873  
  Monday-Friday 8:00 am – 4:00 pm  
  1-651-539-2099  
  https://www.mnsure.org

- Blue Earth County Health Care Programs  
  Medical Assistance (MA), MinnesotaCare, Coast2Coast Prescription Drug Discount Card  
  Blue Earth County Government Center  
  410 S. 5th St.  
  Mankato, MN 56001  
  Monday-Friday 8:00 am – 5:00 pm  
  https://www.blueearthcountymn.gov/270/Health-Care-Programs

PRESCRIPTION MEDICATIONS

Some pharmacies participate in drug discount programs and may offer generic drugs for a low fee. Contact your pharmacy for more information.  
Dispose of medications safely through the Blue Earth County Sheriff’s Office or Mankato Public Safety (710 S. Front St.). A drop box is available at the Blue Earth County Justice center. Visit https://www.blueearthcountymn.gov/832/Medicine-Collection-Program for more information.

- Rx Outreach  
  1-888-796-1234  
  Purchase drugs at a lower cost for qualifying individuals.  
  www.RXOutreach.org

- Minnesota Insulin Safety Net Program  
  Purchase insulin at a lower cost for qualifying individuals.  
  www.MNinsulin.org

VISION RESOURCES

Contact your medical insurance provider to find out if vision services are covered.

- Vision Loss Resources  
  1-612-871-2222  
  www.visionlossresources.org

- Minnesota Vision Project  
  Call United Way 211 for events and applications for free glasses or contacts.

LACTATION RESOURCES

- La Leche League  
  507-400-0928  
  River Valley Birth Center  
  526 W. Park Row  
  St. Peter, MN 56082  
  www.illmankatostpeter.weebly.com

- Mayo Clinic Health System Lactation Services Program  
  507-625-4031  
  1025 Marsh Street  
  Mankato, MN 56001  
  www.mayoclinichealthsystem.org

- WIC Breastfeeding Information  
  MN Department of Health  
  https://www.health.state.mn.us/people/wic/bf/index.html

FAMILY PLANNING & WOMEN’S HEALTH

Resources for family planning, prenatal care, maternal health, counseling, and referral services.

- Birthright of Mankato  
  507-387-7818  
  330 Stadium Rd., Ste. 201B  
  Mankato, MN 56001  
  www.birthright.org

- Blue Earth County Public Health  
  507-304-4117  
  410 S. Fifth Street  
  Mankato, MN 56001  
  https://www.blueearthcountymn.gov/263/Public-Health

- Catholic Social Services  
  507-387-5586  
  201 N. Broad Street, Suite 100  
  Mankato, MN 56001  
  www.ccsomn.org

- Lutheran Social Services of MN  
  507-625-7660  
  710 S. Second Street  
  Mankato, MN 56001  
  www.1ssmn.org

- Planned Parenthood  
  507-387-5581  
  Belle Mar Mall  
  201 N. Victory Drive, Suite 211  
  Mankato, MN 56001  
  www.plannedparenthood.org
FAMILY PLANNING & WOMEN’S HEALTH (CONT.)

• Mankato Clinic-Obstetrics & Gynecology  507-389-8522
  1230 E. Main Street
  Mankato, MN 56001
  https://www.mankatoclinic.com/specialties/ob-gyn

• Mayo Clinic Health System- Obstetrics & Gynecology  507-594-6955
  1025 Marsh Street
  Mankato, MN 56001
  https://www.mayoclinichealthsystem.org/services-and-treatments/obstetrics-and-gynecology

• Teen Age Parent Program (TAPP)  507-381-6670
  125 E. Liberty St.
  Mankato, MN 56001

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WOMEN, INFANTS & CHILDREN (WIC) PROGRAM

WIC is a nutrition program that helps families eat well and stay healthy.

WIC offers:
- Nutrition information specific to your family’s needs
- Healthy foods
- Breastfeeding education and support
- Referrals to other health and community programs

If you are pregnant, recently had a baby, or care for a child under the age of 5, you may qualify for WIC.

To apply or for more information, call 507-304-4163 or visit

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Child and Teen Checkups

For children and youth:
- Birth through age 20
- Receive Medical Assistance

Find a regular doctor and dentist who will get to know your children.
- Schedule an appointment for a checkup.
- Learn more about your child’s development and health.
- Call your health plan to find a doctor, dentist, interpreter, or rides to medical appointments and get your rewards! The number is on the back of your insurance card.

Child and Teen Checkups are due at:

<table>
<thead>
<tr>
<th>Age</th>
<th>Frequency</th>
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<tr>
<td>2 weeks</td>
<td>15 months</td>
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<tr>
<td>2 months</td>
<td>18 months</td>
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<tr>
<td>4 months</td>
<td>24 months</td>
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<tr>
<td>6 months</td>
<td>30 months</td>
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<tr>
<td>9 months</td>
<td>----------------</td>
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<tr>
<td>12 months</td>
<td>Every year from</td>
</tr>
<tr>
<td></td>
<td>Age 3 through 20</td>
</tr>
</tbody>
</table>

Dental check-up:
Every 6 months by 12 months of age!

Learn more!
Blue Earth County Public Health
Hours: 8:00 am – 5:00 pm
Phone: 507-304-4202
https://www.blueearthcountymn.gov/525/Child-Teen-Checkups

STATEWIDE HEALTH IMPROVEMENT PARTNERSHIP (SHIP)

The Statewide Health Improvement Partnership (SHIP) supports community-driven solutions to expand opportunities for active living, healthy eating, and commercial tobacco-free living.

The SHIP model: Improving health by increasing opportunities for healthy choices

- Increased opportunities for physical activity, nutritious food and tobacco-free living...
- Means more people get physical activity, better nutrition and less tobacco exposure...
- Leading to improved health...
- And lowered health care costs and improved quality of life.
LOW-COST DENTAL RESOURCES

• MSU-Mankato Dental Clinic 507-389-2147
  MSU Mankato Campus/Clinical Sciences Building
  Mankato, MN 56001
  https://ahn.mnsu.edu/services-and-centers/public-dental-clinic/

• Apple Tree Dental 507-588-5011
  115 Drew Avenue SE
  Madelia, MN 56062
  www.appletreedental.org

• Dental Associates of Savage 952-440-2292
  13899 Highway 13
  Savage, MN 55378
  https://dentalassociatesmn.com/locations/savage

• Open Door Health Center 507-388-2120
  309 Holly Lane
  Mankato, MN 56001
  www.odhc.org

• Southern Heights Dental Group 507-334-6433
  1575 20th Street NW, Suite 102
  Faribault, MN 55021
  https://dentalassociatesmn.com/locations/savage

EARLY CHILDHOOD RESOURCES

Local pre-Kindergarten options for families.

• Head Start 507-345-3565
  820 Hubbell Ave.
  Mankato, MN 56001
  www.mnvac.org

• Mankato ISD 77 Early Childhood 507-387-5501
  Family Education
  15 Map Dr.
  Mankato, MN 56001

• Maple River School District 507-524-3918
  Early Childhood Education
  801 Central Ave. S.
  Mapleton, MN 56065
  https://www.isd2135.k12.mn.us/domain/24

• St. Clair School District 507-245-3533
  Little Cyclones Preschool
  121 Main St. W.
  St. Clair, MN 56080
  https://sites.google.com/stclaircyclones.org/littlecyclonespreschool/program-information

EARLY CHILDHOOD RESOURCES (CONT.)

• Lake Crystal Wellcome Memorial 507-726-2320
  Early Childhood Family Education (ECFE)
  607 Knights Ln.
  Lake Crystal, MN 56055
  https://www.isd2071.k12.mn.us/page/early-childhood-family-education-ecfe-copy

SPECIAL NEEDS CHILDREN’S PROGRAMS

Education options, resources, and early intervention resources for children with special needs.

• MN Children with Special Needs 1-800-728-5420
  and Information on Medical Healthcare
  85 E. Seventh Place
  P.O. Box 64882
  St. Paul, MN 55164-0882
  https://www.health.state.mn.us/people/disabilities.html

• Pediatric Therapy Services 507-388-5437
  150 St. Andrew Court
  Mankato, MN 56001
  https://www.mankatoclinic.com/locations/pediatric-therapy-services

• Spare Key 952-406-8872
  480 Broadway St.
  St. Paul, MN 55101
  www.sparekey.org

• Early Childhood Special Education 507-625-4620
  820 Hubbell Ave
  Mankato, MN 56001

• Minnesota Autism Center 507-625-4620
  2101 Rolling Green Ln.
  North Mankato, MN 56003
  1-952-767-4200
  https://www.mnautism.org/

• Caravel Autism Health 507-565-0150
  1720 Bassett Dr.
  Mankato, MN 56001
  https://clinics.caravelautism.com/caravel-autism-health-377e781821b9?y_source=1_MzE0NzExMjEtNDgzLWxvY2F0aW9uLndiYnNpdGUS3D

• REM Heartland 507-387-3181
  1400 Madison Ave., Suite 326
  Mankato, MN 56001
SPECIAL NEEDS CHILDREN’S PROGRAMS (CONT.)

• Northway Academy 507-720-0920
  1700 Premier Drive
  Mankato, MN 56001

CHILD CARE RESOURCES
Licensed day care facilities and providers, childcare assistance, and childcare licensing resources.

Blue Earth County Daycare Finder Interactive Map
https://gis.blueearthcountymn.gov/daycarefinder/

• ACES 507-387-5501
  110 Fulton Street (Door 1, Room 101)
  Mankato, MN 56001
  https://www.mankatocer.com/youth-programs/aces-school-age-care

• Blue Earth County Human Services – Licensing
  Information on how to become a licensed childcare provider, finding childcare, and information for licensed childcare providers.
  410 S. Fifth Street
  Mankato, MN 56001
  https://www.blueearthcountymn.gov/724/Child-Care

• Blue Earth County Human Services – Child Care Assistance
  410 S. Fifth Street
  Mankato, MN 56001

• Families First 507-287-2020
  424 N. Riverfront Dr., Suite 310
  Mankato, MN 56001
  https://www.familiesfirstmn.org/about-us/

• Parent Aware 1-888-291-9811
  https://www.parentaware.org

• YWCA – Girls on the Run 507-345-4629
  After school program for grades 3-8
  127 S. 2nd Street, Suite 200
  Mankato, MN 56001
  https://ywcamankato.org/program-for-girls/girls-on-the-run-of-greater-mankato/

ACTIVITIES AND PROGRAMS FOR FAMILIES
Free and low-cost activities and programs for families.

• Big Brother/Big Sister 507-387-8255
  Mankato Family YMCA
  1401 S. Riverfront Drive
  Mankato, MN 56001
  www.mankatoymca.org

• Books for Kids 507-345-4551
  Mankato United Way
  www.mankatounitedway.org/books-kids

• Early Childhood Family Education 507-387-5501
  15 Map Dr.
  Mankato, MN 56001
  www.mankatocer.com

• MVAC/Head Start 507-345-3565
  820 Hubbell Ave.
  Mankato, MN 56001
  www.mnvac.org

• Help Me Grow 1-866-693-4769
  Blue Earth County and North Mankato
  www.helpmegrowmn.org

• Mankato Area Healthy Youth 507-345-4629
  101 N. 2nd St., Ste. 202
  Mankato, MN 56001

• Mankato Family YMCA 507-345-8255
  1401 S. Riverfront Drive
  Mankato, MN 56001
  www.mankatoymca.org

• YWCA 507-345-4629
  127 S. Second Street, Suite 200
  Mankato, MN 56001
  www.mankatoywca.org

• Children’s Museum of Southern Minnesota 507-386-0279
  224 Lamm Street
  Mankato, MN 56001
  https://www.cmsouthernmn.org/
FOOD PROGRAMS

• Blue Earth County WIC  507-304-4163
  410 S. Fifth Street
  Mankato, MN 56001

• Holy Grounds  507-225-6370
  501 S. Second Street
  Mankato, MN 56001
  www.mankatocentenary.org

• ECHO Food Shelf  507-345-7508
  1014 S. Front Street
  Mankato, MN 56001
  www.echofoodshelf.org

• Fare for All  763-450-3860
  Hosana Lutheran Church
  105 Hosana Dr.
  Mankato, MN 56001
  https://www.thefoodgroupmn.org/groceries/fare-for-all/

• Feeding Our Communities  507-720-8511
  Partners
  2120 Howard Drive W., Suite 7
  North Mankato, MN 56003
  www.feedingourcommunitiespartners.org

• Hot Meals on Wheels/VINE  507-387-4076
  421 E. Hickory Street
  Mankato, MN 56001
  https://vinevolunteers.org/services/hot-meals-on-wheels/

• ISD 77 Reduced/Free Mankato  507-388-7442
  School District Lunch
  1970 Lookout Drive
  North Mankato, MN 56003
  www.isd77.org

• ISD 2135 Reduced/Free  507-524-3918
  Maple River School District Lunch
  801 Central Ave. S.
  Mapleton, MN
  https://www.isd2135.k12.mn.us/domain/357

• Meals for Seniors  1-800-488-4146
  Lutheran Social Service
  www.lssmn.org/nutrition

• St. John’s Episcopal Church  507-388-1969
  302 Warren St.
  Mankato, MN 56001
  https://www.stjohnsmankatomin.com/

FOOD PROGRAMS (CONT.)

• St. Clair School Reduced/Free Lunch  507-245-3501
  PO Box 99
  St. Clair, MN 56080
  https://www.stclair.new.rschooltoday.com/page/2886

• Lake Crystal Wellcome Memorial Reduce/Free Lunch  507-726-2323 x1580
  607 Knights Ln.
  Lake Crystal, MN 56055
  https://www.isd2071.k12.mn.us/page/food-and-nutrition-services

• Maple River Loaves & Fishes  507-524-3046
  104 Central Ave. N.
  Mapleton, MN 56065

• Minnesota Food Assistance Program MFAP  507-304-4335
  410 S. Fifth Street
  Mankato, MN 56001

• Nutrition Assistance Program For Seniors (NAPS)  651-484-5117
  7101 Winnetka Avenue N.
  Brooklyn Park, MN 55428
  https://www.2harvest.org/get-help/csfpnaps

• PACT Ministries Food for All  507-625-7228
  1700 Third Avenue
  Mankato, MN 56001
  https://www.neighborhoodthriftstoremankato.com/food-for-all/

• Salvation Army  507-345-7840
  700 S. Riverfront Drive
  Mankato, MN 56001
  https://centralusa.salvationarmy.org/northern/Mankato/cure-hunger/

• Supplemental Nutrition Assistance Program (SNAP)  507-304-4335
  1-888-339-3663
  Blue Earth County Financial Assistance
  410 S. Fifth Street
  Mankato, MN 56001
  www.2harvest.org/snap
### CULTURAL RESOURCES

<table>
<thead>
<tr>
<th>Resource</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern Minnesota Regional Legal Services</td>
<td>507-396-6815</td>
<td>12 Civic Center Plaza Suite 3000 Mankato, MN 56001</td>
<td><a href="https://www.smrls.org/">www.smrls.org/</a></td>
</tr>
<tr>
<td>Immigrant Connection at Celebrate Church</td>
<td>507-769-0500</td>
<td>100 Warren St., Suite 337 Mankato, MN 56001</td>
<td><a href="https://www.mankato.church/ic">www.mankato.church/ic</a></td>
</tr>
<tr>
<td>Greater Mankato Diversity Council</td>
<td>507-385-6653</td>
<td>127 South Second Street, Suite 110 Mankato, MN 56001</td>
<td><a href="https://www.mankatodiversity.org/">www.mankatodiversity.org/</a></td>
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### LGBTQ SERVICES

<table>
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<tr>
<th>Service</th>
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<th>Address</th>
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</thead>
<tbody>
<tr>
<td>Pride Counseling Services, PLLC</td>
<td>507-246-2667</td>
<td>100 Warren St., Suite 324 Mankato, MN 56001</td>
<td><a href="https://pridecounselingservices.com/">https://pridecounselingservices.com/</a></td>
</tr>
<tr>
<td>CARE Counseling</td>
<td>507-345-7012</td>
<td>1650 Madison Ave., Suite 102 Mankato, MN 56001</td>
<td><a href="https://fiveriversmhc.com/">https://fiveriversmhc.com/</a></td>
</tr>
<tr>
<td>South Central Minnesota Pride</td>
<td>507-339-4740</td>
<td>PO Box 3012 Mankato, MN 56002</td>
<td><a href="https://www.scmnpride.org/">https://www.scmnpride.org/</a></td>
</tr>
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</table>

### COUNSELING RESOURCES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Earth County Mental Health</td>
<td>507-304-4319</td>
<td>410 S. Fifth Street Mankato, MN 56001</td>
<td><a href="https://www.blueearthcountymn.gov/715/Mental-Health-Center">https://www.blueearthcountymn.gov/715/Mental-Health-Center</a></td>
</tr>
<tr>
<td>Catholic Charities</td>
<td>507-387-5586</td>
<td>201 N. Broad Street, Suite 100 Mankato, MN 56001</td>
<td><a href="https://www.ccsomn.org/">https://www.ccsomn.org/</a></td>
</tr>
<tr>
<td>Counseling Services of Southern Minnesota</td>
<td>507-931-8040</td>
<td>Mankato Office: 226 N. Broad Street Mankato, MN 56001 St. Peter Office: 1306 Marshall Street St. Peter, MN 56082</td>
<td><a href="https://www.counseling-services.org">www.counseling-services.org</a></td>
</tr>
<tr>
<td>Adult, Child and Family Services, LLC</td>
<td>507-387-3777</td>
<td>1400 Madison Ave., Suite 610 Mankato, MN 56001</td>
<td><a href="https://www.acfsmankato.org">www.acfsmankato.org</a></td>
</tr>
<tr>
<td>Eunoia Family Resource Center</td>
<td>507-779-7366</td>
<td>521 Pfau Street Mankato, MN 56001</td>
<td><a href="https://www.mentalhealthmn.com">www.mentalhealthmn.com</a></td>
</tr>
<tr>
<td>CARE Counseling</td>
<td>507-345-7012</td>
<td>(formerly Five Rivers) 1650 Madison Ave., Suite 102 Mankato, MN 56001</td>
<td><a href="https://www.fiveriversmhc.com">www.fiveriversmhc.com</a></td>
</tr>
<tr>
<td>Journeys Toward Healing Counseling Center</td>
<td>507-386-7121</td>
<td>151 St. Andrews Ct., Suite 710 Mankato, MN 56001</td>
<td><a href="https://www.jthcc.org/index.html">www.jthcc.org/index.html</a></td>
</tr>
<tr>
<td>Lutheran Social Service</td>
<td>507-625-7660</td>
<td>710 S. Second Street Mankato, MN 56001</td>
<td><a href="https://www.lssmn.org">www.lssmn.org</a></td>
</tr>
<tr>
<td>Mankato Clinic Dept. of Psychiatry &amp; Psychology</td>
<td>507-387-3195</td>
<td>Madison East Center 1400 Madison Avenue, Suite 352 Mankato, MN 56001</td>
<td><a href="https://www.mankatoclinic.com/specialties/psychology">https://www.mankatoclinic.com/specialties/psychology</a></td>
</tr>
</tbody>
</table>
COUNSELING RESOURCES (CONT.)

• Mankato Psychology Clinic 507-387-1350
  209 S. Second Street, Suite 306
  Mankato, MN 56001
  www.mankatopsychologyclinic.com

• Minnesota State University-Mankato Counseling Center 507-389-1455
  Centennial Student Union 285
  Mankato, MN 56001
  www.mnsu.edu/counseling/

• MSU Women’s Center Minnesota State University, Mankato 507-389-6146
  218 Centennial Student Union
  Mankato, MN 56001

• Southern Valley Psychology 507-385-7725
  11 Civic Center Plaza, Suite 201
  Mankato, MN 56001

• Prairie Care 507-322-5464
  120 E. Main St
  Mankato, MN 56001
  https://prairie-care.com/locations/mankato/

• Mankato Mental Health Associates 507-345-4448
  201 Broad St., Suite 308
  Mankato, MN 56001
  www.mankatomentalhealth.com

• Life-Work Planning Center 507-345-1577
  127 South 2nd Street, Suite 210
  Mankato, MN 56001
  https://lwpc.org/

• CFS Christian Family Counseling 1-800-438-1772
  44 Good Counsel Drive
  Mankato, MN 56001
  https://christianfamilysolutions.org/

• Mankato Marriage & Family Therapy Center 507-625-4884
  510 Long St., Ste. 101
  Mankato, MN 56001
  https://mmftc.com/

• Hesed Counseling Services 507-479-7267
  1961 Premier Dr., Suite 220
  Mankato, MN 56001
  https://www.hesedcounselingservices.com/

• Cedar Hills Health LLC 507-564-0824
  www.cedarhillshealthandwellness.com

COUNSELING RESOURCES (CONT.)

• NUWAY-Mankato Counseling Center 507-295-4940
  Mankato Location:
  802 S. Front Street
  Mankato, MN 56001
  St. Peter Location:
  1715 Sheppard Drive
  St. Peter, MN 56082
  https://www.nuway.org/

• Hoffmann Counseling Services 507-484-2400
  510 Sibley Street
  Mankato, MN 56001
  https://www.hoffmanncenter.org/counseling.php

• Open Door Health Center 507-388-2120
  309 Holly Lane
  Mankato, MN 56001
  https://odhc.org/overview/

• Surdy Psychological Services 507-388-8874
  1227 Caledonia Street
  Mankato, MN 56001
  https://www.surdypsychologalservices.com/

• The Blue Couch 507-702-3030
  1400 Madison Avenue, Suite 322
  Mankato, MN 56001
  https://www.thebluecouchcounseling.com/counseling

• Willow Pathways Therapeutic Services LLC 507-225-0450
  881 Madison Ave.
  Mankato, MN 56001
  https://www.willowpathways.com/

• Nystrom & Associates 507-225-1500
  201 N. Broad Street, Suite 200
  Mankato, MN 56001
  https://www.nystromcounseling.com/

• Minnesota Mental Health Services 507-720-0464
  530 N. Riverfront Dr., Suite 230
  Mankato, MN 56001
  https://www.mankatotherapist.com/

• Footnotes Family Counseling 507-351-8799
  808 N. 2nd St.
  Mankato, MN 56001
  https://www.footnotescounseling.com/

• Freedom Counseling Center 507-934-4160
  709 N. Riverfront Dr.
  North Mankato, MN 56001
  http://www.freedom-cc.com/
COUNSELING RESOURCES (CONT.)
• Great Lakes Neurobehavioral Center 952-595-5652
  101 West Robinson Street
  Lake Crystal, MN 56055
  info@glncenter.com
• Ellie Mental Health 507-565-1363
  1600 Madison Ave, #110
  Mankato, MN 56001
  https://elliementalhealth.com/locations/mankato-mn/

SECONDHAND CLOTHING & HOME ITEMS (CONT.)
• VINE Home Thrift Store 507-387-2699
  77 Star Street
  Mankato, MN 56001
  https://vinevolunteers.org/thrift-store/

LIBRARIES
• Blue Earth County Library 507-304-4001
  100 E. Main Street
  Mankato, MN 56001
  www.beclibrary.org
• Lake Crystal Public Library 507-726-2726
  100 Robinson Street
  Lake Crystal, MN 56055
  www.beclibrary.org
• Mapleton Public Library 507-524-3513
  104 First Ave.
  P.O. Box 405
  Mapleton, MN 56065
  www.beclibrary.org
• North Mankato Taylor Library 507-345-5120
  1001 Belgrade Avenue
  North Mankato, MN 56003
  www.northmankato.com/taylorlibrary

TELEPHONE ASSISTANCE
Telephone connection and discount resources.
• State of Minnesota 651-539-1876
  TAP Program and Lifeline
  85 7th Place East, Suite 280
  St. Paul, MN 55101
  https://mn.gov/commerce/business/telecom/tap/
• Consolidated Communications 507-387-1151
  221 E. Hickory Street
  Mankato, MN 56001
  www.consolidated.com
• LifeWireless 1-888-543-3620
  www.lifewireless.com
• Safe Link 1-800-723-3546
  www.safelinkwireless.com
• Reitan Law Office (SSI/RSDI) 507-388-1800
  120 North Augusta Ct., Suite 110
  Mankato, MN 56001
  https://www.reitanlawoffice.com/

SECONDHAND CLOTHING & HOME ITEMS
• Encore Thrift Store 507-386-0861
  311 N. Riverfront Drive
  Mankato, MN 56001
  www.encoremankato.com
• Goodwill 507-344-0955
  2024 Adams Street
  Mankato, MN 56001
  https://www.goodwilleasterseals.org/
• Lake Crystal GRACE 507-726-6881
  101 S. Main Street
  Lake Crystal, MN 56065
  https://www.thethriftshopper.com/
• MVAC AGAIN Thrift & More 507-345-2409
  706 N. Victory Drive
  Mankato, MN 56001
  www.mnvac.org
• Neighborhood Thrift Store 507-625-7228
  105 W. Lind Street
  North Mankato, MN 56003
  www.neighborhoodthriftstoremankato.com
• New 2 You Family Thrift 507-385-1455
  1838 Commerce Drive
  North Mankato, MN 56003
  http://new-2-you.org/Contact.html
• Once Upon A Child 507-344-8799
  464 Raintree Road
  Mankato, MN 56001
  www.onceuponachildmankato.com
• Salvation Army Thrift Store 507-345-7074
  201 Star Street
  Mankato, MN 56001
  https://centralusa.salvationarmy.org/northern/mankato/
• SS Boutique 507-740-2649
  110 N. 5th St., Door 7 (Pick-Up Only, no in-store shopping)
  Mankato, MN 56001
FINANCIAL COUNSELING

• Financial Counseling 507-720-0331
Lutheran Social Services
710 S. 2nd Street
Mankato, MN 56001
https://www.lssmn.org/services/financial-and-employment/financialcounseling

LEGAL RESOURCES

• MN Disability Law Office 1-800-292-4150
11 Civic Center Plaza, Suite 402
Mankato, MN 56001
https://mylegalaid.org/about-us/our-locations

• Southern MN Regional Legal Services (SMRLS) 507-396-6815
12 Civic Center Plaza, Suite 3000
Mankato, MN 56001
www.smrls.org

• Disability Professionals LLC 507-625-1832
600 Reed St., Suite 106
Mankato, MN 56001
http://disability-professionals.com/category/blog/

HOUSING PROGRAMS

• Blue Earth County 507-304-4335
Supportive Housing
Blue Earth County Supportive Housing offers housing triage services and supportive housing case management to Blue Earth County community members. Please visit the Blue Earth County website for more information.
410 S. Fifth Street
Mankato, MN 56001
Hours: 8:00 am – 5:00 pm, Monday through Friday
https://www.blueearthcountymn.gov/484/Supportive-Housing

Other regional partners that provide housing resources are as follows.

• Habitat for Humanity 507-388-2081
1730 Bassett Drive
Mankato, MN 56001
https://habitatscmn.org/

• Partners for Affordable Housing 507-387-2115
12 Civic Center Plaza
Suite 2145
Mankato, MN 56001
www.partnersforhousing.org

• Minnesota Valley Action Council 507-345-6822
1-800-767-7139
Low-income home ownership, home improvement loans, Weatherization Program, Energy Assistance Program, Homeless Prevention Program
706 N. Victory Drive
Mankato, MN 56001
www.mnvac.org

• Minnesota Assistance Council 507-345-8258
for Veterans
724 Madison Ave
Mankato, MN 56001
https://www.mac-v.org/

• Public Housing Services 507-387-8600
Rental Assistance and Section 8
Intergovernmental Center
10 Civic Center Plaza
Mankato, MN 56001
https://www.mankatomin.gov/residents/housing

A Housing Resource Guide, including a longer list of housing and homeless programs in Blue Earth County area, is available upon request by contacting Blue Earth County Supportive Housing at (507) 304-4335.

EDUCATION RESOURCES

Local school districts, post-secondary education options, educational programs, and GED/ESL resources.

• Adult Basic Education (GED, ESL) 507-345-5222
110 Fulton Street
Mankato, MN 56001
https://www.mankatocer.com/adult-community/adult-basic-education

• Bethany Lutheran College 507-344-7000
700 Luther Drive
Mankato, MN 56001
www.blc.edu

• Minnesota State University 1-800-722-0544
Mankato, MN 56001
https://www.mnsu.edu/

• Rasmussen College 507-625-6556
1400 Madison Ave., Suite 500
Mankato, MN 56001
www.rasmussen.edu
EDUCATION RESOURCES (CONT.)

- **South Central College**  507-389-7200
  1920 Lee Boulevard
  North Mankato, MN 56003
  [https://southcentral.edu](https://southcentral.edu)

- **Mankato Public Schools ISD 77**  507-387-1868
  10 Civic Center Plaza, Suite 1
  Mankato, MN 56001
  [https://www.isd77.org/](https://www.isd77.org/)

- **Maple River School District**  507-524-3918
  801 Central Ave. S.
  Mapleton, MN 56065
  [https://www.isd2135.k12.mn.us/domain/357](https://www.isd2135.k12.mn.us/domain/357)

- **St. Clair School District**  507-245-3501
  121 West Main
  St. Clair, MN 56080
  [https://www.stclair.new.rschooltoday.com/](https://www.stclair.new.rschooltoday.com/)

- **Lake Crystal Wellcome Memorial School District**  507-726-2323
  607 Knights Ln.
  Lake Crystal, MN 56055
  [https://www.isd2071.k12.mn.us](https://www.isd2071.k12.mn.us)

OTHER RESOURCES (CONT.)

- **Minnesota Valley Action Council**  507-345-6822
  Fuel and Energy Assistance
  706 N. Victory Drive
  Mankato, MN 56001
  [https://www.mnvac.org/programs/energy/energy-assistance-eap-2/](https://www.mnvac.org/programs/energy/energy-assistance-eap-2/)

- **Feeding Every Baby Inc.**  507-519-0772
  Provides formula, breastfeeding supplies, and diapers to families in need.
  Eagle Lake, MN 56024
  feedingeverybaby@gmail.com

- **Vocational Rehabilitation**  507-344-2622
  Services in Mankato
  Develop vocational skills through short-term and long-term training programs, find and keep a job with the assistance of vocational counselors and placement specialists, and live independently in the community.
  12 Civic Center Plaza, Suite 1600A
  Mankato, MN 56001

- **PCs for People**  507-665-1535
  Low-cost computer equipment and internet services for individuals, families and non-profit agencies.
  107 E. Walnut St.
  Mankato, MN 56001
  [https://www.pcsforpeople.org/](https://www.pcsforpeople.org/)

- **Fast Tracker**  1-651-426-6347
  A dynamic behavioral health search tool that gives Minnesotans access to real-time information and availability.
  [https://fasttrackermn.org/](https://fasttrackermn.org/)

- **FindHelp**
  Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more.
  [https://www.findhelp.org/](https://www.findhelp.org/)

OTHER RESOURCES

- **Bridge to Benefits**
  A project by Children’s Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public work support programs and tax credits.
  [www.bridgetobenefits.org](http://www.bridgetobenefits.org)

- **211 | Help Starts Here**  211
  Caregiver resources, mental health, crisis and emergency, housing, food programs and benefits, and healthcare expenses.
  [www.211.org](http://www.211.org)

- **Text4Baby**
  Provides free text messages three times a week with information to help you through your pregnancy and baby’s first year.
  Text BABY to 511411 to sign-up.
  [https://www.text4baby.org/](https://www.text4baby.org/)

- **Disability Hub MN**  1-866-333-2466
  Free, statewide resource network that helps individuals solve problems, navigate the system, and plan for their future.
  [www.disabilityhubmn.org](http://www.disabilityhubmn.org)