

*Blue Earth County Family Dependency Treatment
Court*



Participant Handbook

Family - where life begins and love never ends.

TABLE OF CONTENTS

Welcome/Overview	Page	32
The FDTC Team	Page	4
Progress Reports	Page	4
FDTC Hearings	Page	5
Track One, Phase One	Page	6
Track One, Phase Two	Page	7
Track One, Phase Three	Page	8
Track One, Phase Four	Page	9
Track Two, Phase One	Page	10
Track Two, Phase Two	Page	11
Track Two, Phase Three	Page	12
Track Two, Phase Four	Page	13
Track Three, Phase One	Page	14
Track Three, Phase Two	Page	15
Track Three, Phase Three	Page	16
Track Three, Phase Four	Page	17
Track Four, Phase One	Page	18
Track Four, Phase Two	Page	19
Track Four, Phase Three	Page	20
Track Four, Phase Four	Page	21
Confidentiality/Program Rules	Page	22
Program Rules	Page	23
Program Rules	Page	24
Program Rules	Page	25
Program Rules	Page	26
Program Rules	Page	27
Program Rules	Page	27
Phone NUMbers	Page	28

WELCOME TO THE BLUE EARTH COUNTY FAMILY DEPENDENCY TREATMENT COURT

This Handbook was designed to answer your questions and to help you successfully complete the requirements of the Family Dependency Treatment Court program. As a participant, you are expected to follow the instructions given to you by the Family Dependency Court Judge and your FDTC case manager. You are also expected to comply with the treatment plan developed for you by an approved treatment provider and the case plan developed for you by your social service workers.

The FDTC is divided into four tracks with four phases in each track that must be successfully completed in order to graduate from the program. Each participant will be assessed within the first month of their acceptance into the court to help the team to place them into their intended track. The participants will stay in their track until completion of the program. All four tracks are set up to deal with the participants risk/needs. This Handbook details what is expected of you as a FDTC participant. It reviews general program information, as well as what specific things you must do to complete each phase of the program.

If you are reading this Handbook, it means that you have been accepted into FDTC based upon your history of drug/alcohol use and encounters with social services that have led to the removal of your children from your home. It also means that we are confident that FDTC will help you learn how to make successful choices, free of the influence of drugs or alcohol.

You are encouraged to share this Handbook with your family and friends.

OVERVIEW

The Blue Earth County Family Dependency Treatment Court (FDTC) is a four-phase intervention program for adults who have struggled with maintaining a healthy environment for their children and who are having difficulty staying clean and sober. The FDTC Program is for addicted offenders. The program treats a drug as a drug and an addict as an addict, regardless of the drug of choice. It is a collaborative effort between the 5th Judicial District Court, the County Attorney's Office, the Public Defender's Office, the Health and Human Services Agency, Area Law Enforcement Agencies, and Chemical Dependency Treatment Providers, and Mental Health Agencies. By working together, as an FDTC Team, we seek to provide a variety of programs and consistent supervision tailored to support and help you maintain a drug-free life. Our goal is to help you stop using drugs in order to achieve safety and permanency for your children, and our community.

FDTC involves intensive supervision of clients by a case managers, frequent court appearances, mandatory drug and alcohol counseling, regular attendance at self-help groups (NA, AA, SMART Recoveries, or supportive relationships agreed upon by the team) and random drug testing, curfews, parenting classes, employment services, educational resources, and other community based programming. The Court awards incentives for compliant behavior and imposes sanctions for negative behavior. Participants who do not comply with the rules may be placed in short-term custody, moved back to the previous phase of drug court or a variety of other sanctions. Participants may also be terminated from FDTC. All of the staff working with FDTC will assist you to make sure you understand what is expected of you.

THE FDTC TEAM



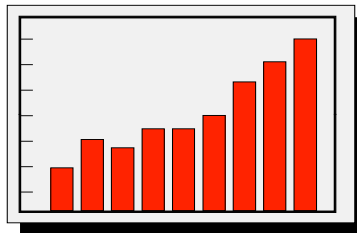
The FDTC Judge makes all decisions regarding your participation in the FDTC Program with input from the FDTC Team. In addition to the Judge, the FDTC Team consists of the following members:

- Assistant Public Defender
- Assistant County Attorney
- Case Manager (FDTC)
- Case Manager (Human Services)
- Treatment Provider
- Mental Health Liaison
- Social Services
- Guardian ad-Litem
- FDTC Coordinator
- Employment Services Provider
- Halfway House Manager
- Peer support specialist

Prior to each FDTC session, the FDTC team members familiarize themselves with your progress or lack of progress through notes provided by Case Manager, CD Treatment Counselor, and Mental Health Case Worker. The team then discusses each participant's issues separately. The Judge will then discuss the progress with you during the FDTC session.

PROGRESS REPORTS

Before your FDTC hearing, the judge presented by your FDTC Case Manager, Treatment Provider, Mental Health Counselor and Social Services Case Manager. The progress report discusses your drug participation and cooperation in the other requirements that were questions about your progress and discuss any problems you may be having. If you are doing well you may be rewarded with reduced program requirements or, at times, other incentives like movie tickets. If your progress reports show that you are not doing well, the judge will discuss this with you and determine future action, which could include a sanction in order to help you remember your goals in the program. Sanctions can be anything from increased program requirements to jail custody.



is given a progress report presented by your FDTC Case Manager, Treatment Provider, Mental Health Counselor and Social Services Case Manager. The progress report discusses your drug participation and cooperation in the other requirements that were



FDTC HEARINGS

As an FDTC participant, you are required to appear in FDTC as directed by your Case Manager. When you appear you are expected to bring your meeting card providing the dates and signatures proving you have attended your two weekly meetings. You also need to give the Judge your journal prior to your court date. At this time you will also need to prove up to date payments of your FDTC fee, and turn in a updated, detailed weekly schedule to your case manager. Failure to do so will result in a sanction. The number of times you must appear depends upon the phase of FDTC you are currently in. All participants are to show up for court on time, properly dressed, and prepared to address the Judge, and team in an appropriate manner. If you have questions about your court appearances you may contact your case managers, treatment provider or your attorney.

FDTC PHASES

FDTC is a 12 to 18 month program with four tracks each divided into four phases. You must successfully complete each phase before entering into the next phase. Once you have been determined eligible for a track you will stay in that track until completion of the program. Each phase has a key concept or focus. The basic minimum requirements are listed below. In addition, it is expected that you will be employed and/or participating in educational or vocational training to improve your employment opportunities.

TRACK ONE (HIGH RISKS- HIGH NEEDS)

PHASE ONE

KEY CONCEPTS:	Stabilization, Assessment & Orientation
LENGTH OF PHASE:	One Month Minimum (which may follow detoxification or inpatient services)
REQUIREMENTS:	<ul style="list-style-type: none">➤ Complete a chemical health assessment, and treatment plan.➤ Complete a Mental Health screener and case plan.➤ Complete risk assessment with case management.➤ Schedule, and participate in supervised visits with your children.➤ Comply with all of the conditions of the CHIPS case plan.➤ Comply with the Red Testing schedule.➤ Attend Court two times per month as directed by your case manager.➤ Attend and show proof of two self-help meetings per week.➤ Three contacts with your case manager per week.➤ One contact per week with Human Services case manager.➤ 9:00 p.m. curfew: no over nights or extensions.➤ Complete an autobiography and use history.➤ Complete weekly schedules and submit them to your case manager.➤ Set up payment for Drug Court Fee of 480.00 with court admin.➤ Obtain and maintain insurance and treatment funding sources.➤ Contact SMRC and register for phone support➤ Complete and pass the handbook test.➤ Attend all scheduled activities on time.➤ Schedule and attend all school, mental health and medical appointments for your children.➤ Apply for financial benefits with the county.
REQUIREMENTS IN ORDER TO MOVE TO PHASE TWO.	In order to present to move to Phase Two all of the Phase One requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. The phase change must be given to the Judge and approved by the FDTC team.

TRACK ONE (HIGH RISKS- HIGH NEEDS)

PHASE TWO

KEY CONCEPTS:

Recovery and Responsibility to self

LENGTH OF PHASE:

A minimum of Six months

REQUIREMENTS

Schedule and attend all school, mental health, and medical appointments, for your children. :

- **Obtain Safe, Sober, Stable Housing.**
- **Obtain Employment or Education as directed by the FDTC team.**
- **Comply with the Red Testing Schedule.**
- **Attend Court two times per month as directed by case manager.**
- **Abide by a 10:00 p.m. curfew; no overnights, or extensions.**
- **A minimum of two contacts with your case manager weekly.**
- **A minimum of one contact with Human Services case manager.**
- **Attend a minimum of two self-help meetings per week; (a scheduled meeting with a sponsor or mentor can count for one of those meetings).**
- **You must have 90 days clean time to present for a phase change.**
- **You must have 60 days sanction free to present for a phase change.**
- **Follow all recommendation of your Chemical Health Counselor.**
- **Obtain a sponsor, or mentor.**
- **Obtain and maintain insurance and treatment funding sources.**

- **A relapse prevention plan should be established.**
- **Turn in a detailed weekly schedule to your case manager.**
- **Follow all recommendations of your mental health professional.**
- **Must show appropriate progress towards expanding visits.**
- **Must have three family therapy sessions completed.**

- **Comply with all of the conditions of the CHIPS case plan.**
- **Must pay at least 100.00 towards your Drug Court Fee.**

REQUIREMENTS IN ORDER TO MOVE TO PHASE THREE.

In order to present to move to Phase three all of the Phase two requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. You must present the phase request to the Judge, and read your paper in court.

TRACK ONE (HIGH RISKS – HIGH NEEDS)

PHASE THREE

KEY CONCEPTS:	Maintenance of Recovery and Responsibility to Self and Others
LENGTH OF PHASE:	A minimum of Six months
REQUIREMENTS:	<ul style="list-style-type: none">➤ Complete, or enrolled in COG Skills Group if needed.➤ Maintain Employment or Education as directed by the FDTC team.➤ Comply with the Green Testing Schedule.➤ Attend Court two times per month as directed by case manager.➤ Abide by a 10:00 p.m. curfew; overnights and extensions must be approved by case manager.➤ A minimum of two contacts with your case manager weekly.➤ Attend a minimum of two self-help meetings per week; (a scheduled meeting with a sponsor or mentor, or structured activity with family that is approved by case manager can count for one of those meetings).➤ You must have 90 days clean time to present for a phase change.➤ You must have 90 days sanction free to present for a phase change.➤ Comply with recommendations of your chemical dependency counselor.➤ A minimum of two contacts per month with Human Services case manager.➤ Trial home visits should be started.➤ Maintain and show proof of insurance and treatment funding sources. ➤ Continue to update your relapse prevention plan as needed. ➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendation of your Chemical Health Counselor. ➤ Follow all recommendations of your mental health professional.➤ Complete service work as directed by team.➤ Maintain safe sober housing.➤ Comply with all of the conditions of the CHIPS case plan.➤ Must have made and additional payment of 200.00 towards Drug Court Fee. A total of 300.00 should have been paid by now.➤ Participants must have addressed Driver’s License issues if needed.➤ Enroll in GED classes if needed.
REQUIREMENTS IN ORDER TO MOVE TO PHASE FOUR.	In order to present to move to Phase four all of the Phase three requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. You must present the phase request to the Judge, and read your paper in court.

TRACK ONE (HIGH RISKS – HIGH NEEDS)

PHASE FOUR

KEY CONCEPTS: Reinforce a clean, sober and legal lifestyle

LENGTH OF PHASE: A minimum of Five Months.

- REQUIREMENTS:**
- **Maintain Employment or Education as directed by the FDTC team.**
 - **Obtain your GED.**
 - **A minimum of one contact with case manager.**
 - **Comply with the Green Testing Schedule**
 - **Attend FDTC on the first Tuesdays of each month.**
 - **Abide by an 11:00 p.m. curfew; overnights and extensions must be approved by Case Manager.**
 - **All participants must complete an exit interview.**
 - **Attend a minimum of two self-help meeting per week; (a scheduled meeting with a sponsor or mentor, or structured activity with family that is approved by case manager can count for one of those meetings).**
 - **You must have 120 days sanction free to present for a phase change.**
 - **Maintain, and show proof of insurance and treatment funding sources.**
 - **An updated relapse prevention plan needs to be presented to the team.**

 - **Turn in a detailed weekly schedule to probation weekly.**

 - **Follow all recommendations of your mental health professional.**
 - **Follow all recommendation of your Chemical Health Counselor.**

 - **Complete service work as directed by team.**

 - **Must have all Court Administration Fees paid in full.**

 - **Maintain safe sober housing.**

 - **Participants must obtain a Driver’s License if possible.**
 - **You must present your relapse prevention plan to the Judge in court.**
 - **All participants must have six sessions of family group completed.**

REQUIREMENTS IN ORDER TO GRADUATE THE PROGRAM. In order to graduate the Blue Earth FDTC the following requirements must have been met; Consistently implement behaviors that support long term abstinence. All participants must have received their High School Diploma or GED in attainable. You must show evidence of active involvement in the recovery culture. You must have completed six family group sessions. All of the Phase four requirements must have been met. The graduation request must have been filled out by the participant and approved by staff. The graduation request must be approved by the FDTC team.

TRACK TWO (HIGH RISK – LOW NEEDS)

PHASE ONE

KEY CONCEPTS:	Stabilization, Assessment & Orientation
LENGTH OF PHASE:	One Month Minimum (which may follow detoxification or inpatient services)
REQUIREMENTS:	<ul style="list-style-type: none"> ➤ Complete, and follow all recommendations of a chemical health assessment, and CD treatment plan. ➤ Complete an Autobiography, and Chemical use history in treatment. ➤ Complete and follow all recommendations of a Mental Health screener and case plan. ➤ Comply with the Green Testing schedule. ➤ Attend Court two times per month as directed by case manager. ➤ Show proof of one pro- social activity. (An activity in the community that is supportive of non-criminal behaviors. ➤ Three contacts with your case manager per week. ➤ A minimum of one contact weekly with Human Services Case Manager ➤ Comply with CHIPS ➤ 9:00 p.m. curfew: no over nights or extensions. ➤ Complete weekly schedules and submit them to case manager ➤ Set up payment for FDTC Fee of 480.00 with court admin. ➤ Obtain and maintain insurance and treatment funding sources. ➤ Complete and pass the handbook test. ➤ Schedule and attend all school, mental health and medical appointments for your children. ➤ Complete a risk assessment. ➤ Contact SMRC to register for phone support. ➤ Apply for financial benefits with the county.
REQUIREMENTS IN ORDER TO MOVE TO PHASE TWO.	In order to present to move to Phase Two all of the Phase One requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK TWO (HIGH RISK – LOW NEEDS)

PHASE TWO

KEY CONCEPTS: Recovery and Responsibility to self

LENGTH OF PHASE: A minimum of Six months

- REQUIREMENTS:**
- Obtain Safe, Sober, Stable Housing.
 - Obtain Employment or Education as directed by the FDTC team.
 - Comply with the Green Testing Schedule.
 - Attend FDTC two times monthly as directed by case manager.
 - Abide by a 10:00 p.m. curfew; no overnights, or extensions.
 - Attend two support based programs per week; (a scheduled meeting with a clergy, mentor or stress relief program can count for one of those meetings).
 - Comply with all of the conditions of the CHIPS case plan.
 - Obtain a sponsor, or mentor.
 - Must have three family therapy sessions completed.
 - Must show appropriate progress towards expanding visits.
 - A minimum of two contacts with your case manager weekly.
 - A minimum of one contact with Human Services case manager.
 - You must have 90 days clean time to present for a phase change.
 - You must have 60 days sanction free to present for a phase change.
 - Obtain and maintain insurance and treatment funding sources.
 - A relapse prevention plan should be established.
 - Turn in a detailed weekly schedule to your case manager weekly.
 - Follow all recommendations of your mental professional.
 - Follow all recommendations of your Chemical Dependency Counselor.
 - Must pay at least 100.00 towards your FDTC Fee.

REQUIREMENTS IN ORDER TO MOVE TO PHASE THREE. In order to present to move to phase three all of the phase two requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK TWO (HIGH RISK – LOW NEEDS)

PHASE THREE

KEY CONCEPTS:	Maintenance of Recovery and Responsibility to Self and Others
LENGTH OF PHASE:	A minimum of Six months
REQUIREMENTS:	<ul style="list-style-type: none">➤ Complete COG Skills Group.➤ Maintain Employment or Education as directed by the FDTC team.➤ Comply with the Green Testing Schedule.➤ Attend FDTC two times per month as directed by case manager.➤ Abide by an 10:00 p.m. curfew; overnights and extensions must be approved by case manager.➤ Attend one support based programs per week; (a scheduled meeting with a clergy, mentor or stress relief program can count for one of those meetings).➤ You must have 90 days clean time to present for a phase change.➤ You must have 90 days sanction free to present for a phase change.➤ Maintain insurance and treatment funding sources.➤ A minimum of 2 contacts with case manager weekly.➤ A minimum of two contacts per month with Human Services case manager.➤ Continue to update your relapse prevention plan as needed.➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendations of your mental professional.➤ Follow all recommendations of your chemical dependency counselor.➤ Complete service work as directed by team.➤ Must have made and additional payment of 200.00 towards FDTC Fee. A total of 300.00 should have been paid by now.➤ A trial home visit should have started.➤ Comply with all of the conditions of the CHIPS case plan.➤ Participants must have addressed Driver’s License issues if needed.➤ Maintain sober housing.➤ Enroll in GED classes if needed.
REQUIREMENTS IN ORDER TO MOVE TO PHASE FOUR.	In order to present to move to phase four all of the phase three requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK TWO (HIGH RISK – LOW NEEDS)

PHASE FOUR

KEY CONCEPTS:	Reinforce a clean, sober and legal lifestyle
LENGTH OF PHASE:	A minimum of Five Months.
REQUIREMENTS:	<ul style="list-style-type: none">➤ Maintain Employment or Education as directed by the FDTC team.➤ Attain your GED.➤ Comply with the Green Testing Schedule.➤ Attend FDTC on the first Mondays monthly➤ Abide by an 10:00 p.m. curfew; overnights and extensions must be approved by your case manager.➤ All participants must complete an exit interview.➤ One supportive activity weekly. (Clergy, social organizations, mentors, will be accepted.➤ You must have 120 days clean time to present for a phase change.➤ You must have 120 days sanction free to present for a phase change.➤ A minimum of one contact with your case manager weekly.➤ A minimum of one contact per month with Human Services case manager. ➤ Maintain insurance and treatment funding sources.➤ An updated relapse prevention plan needs to be presented in court.➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendations of your mental health professional. ➤ Follow all recommendations of your chemical dependency counselor.➤ Complete service work as directed by team. ➤ Must have all Court Administration Fees paid in full.➤ Maintain sober housing.➤ Participants must obtain a Driver’s License if possible.
REQUIREMENTS IN ORDER TO GRADUATE THE PROGRAM.	In order to graduate the Blue Earth County FDTC the following requirements must have been met; Consistently implement behaviors that support long term abstinence. All participants must have received their High School Diploma or GED in attainable. You must show evidence of active involvement in the recovery culture. All of the Phase four requirements must have been met. The graduation request must have been filled out by the participant and approved by staff. The graduation request must be approved by the FDTC team.

TRACK THREE (LOW RISKS – HIGH NEEDS)

PHASE ONE

KEY CONCEPTS: Stabilization, Assessment & Orientation

LENGTH OF PHASE: One Month Minimum (which may follow detoxification or inpatient services)

- REQUIREMENTS:**
- Complete a chemical health assessment, and treatment plan.
 - Complete a risk assessment.
 - Schedule and attend all school, mental health and medical appointments for your children.
 - Comply with all of the conditions of the CHIPS case plan.
 - Complete a Mental Health screener and case plan.
 - Comply with the Red Testing schedule.
 - Attend Court two times per month.
 - Attain a sponsor/mentor.
 - Attend and show proof of two self-help meetings per week.
 - Three contacts with your case manager per week.
 - A minimum of one contact weekly with Human Services Case Manager
 - Schedule and attend all school, mental health and medical appointments for your children.
 - 9:00 p.m. curfew: no over nights or extensions.
 - Complete an autobiography and use history.
 - Complete weekly schedules and submit them to your case manager.
 - Set up payment for FDTC Fee of 480.00 with court admin.
 - Obtain and maintain insurance and treatment funding sources.
 - Contact SMRC and register for phone support
 - Complete and pass the handbook test.
 - Apply for financial benefits with the county.

REQUIREMENTS IN ORDER TO MOVE TO PHASE TWO. In order to present to move to Phase Two all of the Phase One requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK THREE (LOW RISKS – HIGH NEEDS)

PHASE TWO

KEY CONCEPTS:	Recovery and Responsibility to self
LENGTH OF PHASE:	A minimum of four months
REQUIREMENTS:	<ul style="list-style-type: none">➤ Obtain Safe, Sober, Stable Housing.➤ Obtain Employment or Education as directed by the FDTC team.➤ Comply with the Red Testing Schedule.➤ A minimum of two contacts with your case manager weekly.➤ A minimum of one contact weekly with Human Services Case Manager➤ Attend FDTC two times per month.➤ Show proof of contacts with sponsors/mentors.➤ Must have made progress towards expanding visitation.➤ Abide by a 10:00 p.m. curfew; no overnights, or extensions.➤ Attend two self-help meetings per week; (a scheduled meeting with a sponsor or mentor can count for one of those meetings).➤ Three family groups must have been completed.➤ Comply with all of the conditions of the CHIPS case plan.➤ You must have 90 days clean time to present for a phase change.➤ You must have 60 days sanction free to present for a phase change.➤ Obtain and maintain insurance and treatment funding sources.➤ A relapse prevention plan should be established. ➤ Schedule and attend all school, mental health and medical appointments for your children. ➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendations from Chemical Dependency, Metal health programing. ➤ Must pay at least 100.00 towards your FDTC Fee.
REQUIREMENTS IN ORDER TO MOVE TO PHASE THREE.	In order to present to move to Phase Three all of the Phase Two requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK THREE (LOW RISKS –HIGH NEEDS)

PHASE THREE

KEY CONCEPTS: Maintenance of Recovery and Responsibility to Self and Others

LENGTH OF PHASE: A minimum of four months.

- REQUIREMENTS:**
- Maintain Employment or Education as directed by the FDTC team.
 - Comply with the Green Testing Schedule.
 - Attend FDTC two times per month.
 - Abide by a 10:00 p.m. curfew; overnights and extensions must be approved by your case manager.
 - A minimum of one contact with your case manager weekly.
 - A minimum of two contacts monthly with Human Services Case Manager
 - Attend two self-help meetings per week; (a scheduled meeting with a sponsor or mentor can count for one of those meetings).
 - You must have 90 days clean time to present for a phase change.
 - You must have 90 days sanction free to present for a phase change.
 - Maintain insurance and treatment funding sources.
 - Schedule and attend all school, mental health and medical appointments for your children.
 - Continue to update your relapse prevention plan as needed.
 - Turn in a detailed weekly schedule to your case manager weekly.
 - Follow all recommendations from Chemical Dependency, Metal health programing.
 - Complete service work as directed by the FDTC team.
 - Must have made and additional payment of 200.00 towards FDTC Fee. A total of 300.00 should have been paid by now.
 - Participants must have addressed Driver’s License issues if needed.
 - Enroll in GED classes if needed.

REQUIREMENTS IN ORDER TO MOVE TO PHASE FOUR. In order to present to move to Phase Four all of the Phase Three requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK THREE (LOW RISKS – HIGH NEEDS)

PHASE FOUR

KEY CONCEPTS:

Reinforce a clean, sober and legal lifestyle

LENGTH OF PHASE:

A minimum of four months.

REQUIREMENTS:

- **Maintain Employment or Education as directed by the FDTC team.**
- **Attain your GED.**
- **Comply with the Green Testing Schedule.**
- **Attend Drug Court on the first Tuesday monthly**
- **A minimum of one case manager contact weekly.**
- **A minimum of two contacts monthly with Human Services Case Manager**
- **Maintain contact with you sponsor/mentor.**
- **Abide by a 10:00 p.m. curfew; overnights and extensions must be approved by your case manager.**
- **All participants must complete an exit interview.**
- **Attend one self-help meetings per week; (a scheduled meeting with a sponsor or mentor can count for one of those meetings).**
- **You must have 120 days clean time to present for a phase change.**
- **You must have 120 days sanction free to present for a phase change.**
- **Maintain insurance and treatment funding sources.**
- **An updated relapse prevention plan needs to be presented in court.**
- **Turn in a detailed weekly schedule to your case manager weekly.**
- **Follow all recommendations from Chemical Dependency, Metal health programing.**
- **Maintain safe sober housing.**
- **Complete service work as directed by team.**
- **Must have all Court Administration Fees paid in full.**
- **Participants must obtain a Driver’s License if possible.**

REQUIREMENTS IN ORDER TO GRADUATE THE PROGRAM.

In order to graduate the Blue Earth FDTC the following requirements must have been met; Consistently implement behaviors that support long term abstinence. All participants must have received their High School Diploma or GED in attainable. They must show evidence of active involvement in the recovery culture. They must have completed six family group sessions. All of the Phase four requirements must have been met. The graduation request must have been filled out by the participant and approved by staff. The graduation request must be approved by the FDTC team.

TRACK FOUR (LOW RISKS – HIGH NEEDS)

PHASE ONE

KEY CONCEPTS: Stabilization, Assessment & Orientation

LENGTH OF PHASE: One Month Minimum (which may follow detoxification or inpatient services)

- REQUIREMENTS:**
- Complete a chemical health assessment, and treatment plan.
 - Complete a risk assessment.
 - Schedule and attend all school, mental health and medical appointments for your children.
 - Comply with all of the conditions of the CHIPS case plan.
 - Complete a Mental Health screener and case plan.
 - Comply with the Red Testing schedule.
 - Attend Court two times per month.
 - Attain a sponsor/mentor.
 - Attend and show proof of two self-help meetings per week.
 - Three contacts with your case manager per week.
 - A minimum of one contact weekly with Human Services Case Manager
 - Schedule and attend all school, mental health and medical appointments for your children.
 - 9:00 p.m. curfew: no over nights or extensions.
 - Complete an autobiography and use history.
 - Complete weekly schedules and submit them to your case manager.
 - Set up payment for FDTC Fee of 480.00 with court admin.
 - Obtain and maintain insurance and treatment funding sources.
 - Contact SMRC and register for phone support
 - Complete and pass the handbook test.
 - Apply for financial benefits with the county.

REQUIREMENTS IN ORDER TO MOVE TO PHASE TWO. In order to present to move to Phase Two all of the Phase One requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper in court, the phase change must be given to the Judge and approved by the FDTC team.

TRACK FOUR (LOW RISKS – LOW NEEDS)

PHASE TWO

KEY CONCEPTS:	Recovery and Responsibility to self
LENGTH OF PHASE:	A minimum of two Months.
REQUIREMENTS:	<ul style="list-style-type: none">➤ Obtain Safe, Sober, Stable Housing.➤ Obtain Employment or Education as directed by the FDTC team.➤ Comply with the Green Testing Schedule.➤ Show proof of contacts with sponsors/mentors.➤ Show proof of one pro- social activity. (An activity in the community that is supportive of non-criminal behaviors.➤ Attend Drug Court as directed by your case manager.➤ A minimum of two contacts with case manager monthly.➤ A minimum of one contact weekly with Human Services Case Manager➤ Abide by a 10:00 p.m. curfew; no overnights, or extensions.➤ Must have made progress towards expanding visitation.➤ You must have 60 days clean time to present for a phase change.➤ You must have 60 days sanction free to present for a phase change.➤ Obtain and maintain insurance and treatment funding sources.➤ A relapse prevention plan should be established.➤ Schedule and attend all school, mental health and medical appointments for your children.➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendations of your mental health worker.➤ Must pay at least 100.00 towards your FDTC Fee.
REQUIREMENTS IN ORDER TO MOVE TO PHASE THREE.	In order to present to move to Phase Three all of the Phase Two requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper to the treatment team, the phase change must be given to the Judge and approved by the FDTC team.

TRACK FOUR (LOW RISKS – LOW NEEDS)

PHASE THREE

KEY CONCEPTS:	Maintenance of Recovery and Responsibility to Self and Others
LENGTH OF PHASE:	A minimum of two Months.
REQUIREMENTS:	<ul style="list-style-type: none">➤ Maintain Employment or Education as directed by the FDTC➤ Comply with testing schedule as directed by your case manager.➤ A minimum of two contacts with your case manager monthly.➤ A minimum of two monthly contacts monthly with Human Services Case Manager➤ Abide by a 10:00 p.m. curfew; overnights and extensions must be approved by your case manager.➤ Show proof of one pro- social activity. (An activity in the community that is supportive of non-criminal behaviors.➤ You must have 60 days clean time to present for a phase change.➤ You must have 60 days sanction free to present for a phase change.➤ Maintain insurance and treatment funding sources.➤ Continue to update your relapse prevention plan as needed.➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Schedule and attend all school, mental health and medical appointments for your children.➤ Complete service work as directed by team.➤ Must have made an additional payment of 200.00 towards your FDTC Fee. A total of 300.00 should have been paid by now.➤ Maintain contact with your sponsor/mentor.➤ Participants must have addressed Driver’s License issues if needed.➤ Enroll in GED classes if needed.
REQUIREMENTS IN ORDER TO MOVE TO PHASE FOUR.	In order to present to move to Phase Four all of the Phase Three requirements must have been met. The phase change request must have been filled out by the participant and approved by staff. Present a paper to the treatment team, the phase change must be given to the Judge and approved by the FDTC team.

TRACK FOUR (LOW RISKS – LOW NEEDS)

PHASE FOUR

KEY CONCEPTS:	Reinforce a clean, sober and legal lifestyle
LENGTH OF PHASE:	A minimum of One Months.
REQUIREMENTS:	<ul style="list-style-type: none">➤ Maintain Employment or Education as directed by the FDTC➤ Attain your GED.➤ A minimum of one contact monthly with case manager.➤ A minimum of one monthly contacts monthly with Human Services Case Manager➤ Comply with Testing Schedule as directed by your case manager.➤ Abide by an 11:00 p.m. curfew; overnights and extensions must be approved by your case manager.➤ All participants must complete an exit interview.➤ You must have 30 days clean time to present for a phase change.➤ You must have 30 days sanction free to present for a phase change.➤ Maintain insurance and treatment funding sources.➤ An updated relapse prevention plan needs to be presented to the team.➤ Turn in a detailed weekly schedule to your case manager weekly.➤ Follow all recommendations of your mental health worker.➤ Complete service work as directed by team.➤ Must have all Court Administration Fees paid in full.➤ Participants must obtain a Driver’s License if possible
REQUIREMENTS IN ORDER TO GRADUATE THE PROGRAM.	In order to graduate the Blue Earth County FDTC the following requirements must have been met; Consistently implement behaviors that support long term abstinence. All participants must have received their High School Diploma or GED in attainable. They must show evidence of active involvement in the recovery culture. All of the Phase four requirements must have been met. The graduation request must have been filled out by the participant and approved by staff. The graduation request must be approved by the FDTC team.

CONFIDENTIALITY

State and federal law requires that your identity and privacy be protected. In response to these regulations, FDTC personnel, case managers and treatment providers have developed policies and procedures to help protect your privacy. You are required to sign Consent for Release of Information forms. This disclosure of information is for the sole purpose of hearings, reports, and supervision concerning your specific FDTC case. Failure to sign this release will result in a sanction or dismissal from the program.

FDTC PROGRAM RULES

As a participant you are required to abide by the rules outlined in the participant contract, including, but not limited to the following:

Totally abstain from the use of illegal drugs and alcohol, and mood any altering substances.

This condition is fundamental to successful completion of the program. Any prescription and over-the-counter medication must be approved by the FDTC team prior to use. Abuse of prescription and over-the-counter drugs will result in a sanction. Use of someone else's prescription or non-approved medication will result in a sanction. You must inform you're treating physicians, and pharmacist's that you are a recovering addict, and that you may not take narcotic or addictive medications or drugs. Do not associate with people who use or possess drugs. Any visits to anyone in the medical profession must be reported to your case manager, and a medical visit form must be filled out, and returned to your case manager.

Attend all Chemical Dependency/Mental Health treatment sessions as scheduled.

This includes individual and group counseling, educational sessions, and other treatment as directed. Unexcused missed or late treatment sessions will result in a sanction.

Be on time and courteous.

Be on time for court and treatment sessions. If you are late for treatment, you will not be allowed to participate and will be considered non-compliant. Contact your counselor if there is a possibility that you may be late. You also need to be on time for all scheduled meetings; failure to show up will result in a sanction. If for some reason you have missed our you are late you will need to reschedule the appointment. It is also up to you to notify your case manager of issue.

Attend all scheduled FDTC sessions.

You must attend all court sessions as scheduled by the FDTC case manager. As a participant, you are expected to dress appropriately for court. You are expected to wear a shirt or blouse, pants, dress or skirt of reasonable length. Shoes must be worn at all times. Clothing bearing offensive, violent, racist, sexist, drug or alcohol-related themes or promoting or advertising alcohol or drug use is considered inappropriate. Hats may not be worn. Gang attire is also inappropriate. Sleeveless shirts and body piercing other than earrings are not allowed in court. Sunglasses cannot be worn in court unless medically approved.

Submit to chemical testing (urinalysis, breath tests) as requested.

You will be tested regularly throughout the entire program. If you miss a test, have a diluted test, or are not home for a curfew test it will be viewed as a **POSITIVE TEST**. The testing provider will not return to your home after they leave and this will also be viewed as a **POSITIVE TEST**. As you progress through the program, testing is required on a less frequent basis. The goal of the FDTC program is to help you achieve total abstinence from alcohol and illicit drugs. However, a positive test will not automatically terminate you from the program. The judge will review your overall performance with the FDTC team to determine the appropriate consequence or consequences.

Do not make threats toward other participants or staff or behave in a violent manner.

Violent or inappropriate behavior is not tolerated and will be reported to the Court. This behavior may result in a sanction or termination from the program. You may not possess any weapons while in the FDTC program.

****Keep the FDTC team, Case Managers, Treatment Provider, and Guardian ad Litem informed of your current address and phone number at all times.**

Maintain confidentiality of other FDTC/Drug Court participants.

Treatment cannot succeed unless all participants maintain the confidentiality of other participants and of information disclosed in treatment.

Employment/Education Requirements:

You are expected to complete structured activities on a weekly per basis as directed by the team. This may be accomplished by actively seeking or maintaining employment, attending school/job training, performing unpaid alternative community work assignments or other activity approved by the FDTC Team. All participants need to have their GED, OR High School Diploma prior to graduating the FDTC.

Abide by all other rules and regulations imposed by the FDTC Team.

Other rules and requirements are outlined in the FDTC Participation Agreement that you must sign in order to enter the program.

CHEMICAL TESTING

You will be drug tested randomly throughout your entire FDTC Program. You will be provided with a copy of the chemical testing policy of Blue Earth County Community Corrections.

- You will be observed to ensure freedom from errors.

The following will count as a positive (dirty) test:

- If you miss a test
- Stalling - If you are unable to provide a sample within a reasonable amount of time (normally 15 minutes) or if it is not of sufficient quantity to test
- Any ALTERING/DILUTING of any sort.
- If a positive test needs to be sent to a commercial laboratory for confirmation, you will be required to pay for the cost of the test.
- A positive PBT or a missed curfew check will be viewed as a violation of the FDTC rules. (If you do not come to the door after the person testing you calls and knocks it is viewed as a missed and/or positive test. They will not return to your home).
- If you have a positive test in any FDTC phase, the judge, based on recommendations from the FDTC team, will apply immediate sanctions including **THE POSSIBILITY OF YOUR CHILDREN BEING REMOVED FROM YOUR HOME FOR THEIR PROTECTION.**



SEARCH AND ARREST REQUIREMENTS

As a participant in FDTC, you are required to submit your person, vehicle, place of residence or area to search and seizure of narcotics, drugs or other contraband at any time of the day or night with or without a search warrant, without prior notice and without probable cause by any peace officer or officer of this program, or their representative. Any law enforcement officer who observes a current participant of the FDTC in any of the following circumstances is authorized to arrest that individual:

- Ingesting a controlled substance or alcohol;
- In violation of any criminal law;
- Being under the influence of a controlled substance or alcohol;
- Possessing a controlled substance or alcohol or drug paraphernalia;
- Being in the presence of a person in possession of controlled substance(s) and a reasonable person in a like position would conclude that drugs are present.
- Being in possession of any weapons

Participants detained in jail after arrest will be brought before the FDTC judge for hearing.

PROGRAM FEES

As an FDTTC participant, you must agree to pay a minimum program fee of \$480.00 to the Court Administrator regardless of the length of time you are in the program. Participants may have a portion of their fee waived per month if their behaviors exceed the norm. You are also responsible for paying for the cost of treatment which is separate from the drug court program fee. There may be other fees to pay depending on your situation and needs, such as: any fee for a confirmation of a chemical test; classes or skills training, etc. You must be current with all of your payments before you are allowed to move to the next phase of your program where applicable.

Where to pay fees:

- Pay the monthly program fee and any chemical test fees to the Blue Earth County Court Administrators office. (All fee waivers must be presented to their office by the participant in order to get credit).
- Pay fees for other services directly to the agency providing the service to you.



INCENTIVES

Incentives are used to recognize and reward participation and progress. Upon the recommendation of the FDTTC Team, participants may be given rewards or incentives for compliant behavior. The most frequently used incentive is the judge publicly recognizing progress during court sessions and acknowledging to the participant and the entire court the participant's hard work and accomplishments. Individuals who are doing well may also be put into an "express" group and placed early on the court calendar thereby decreasing the time the participant must spend in court.

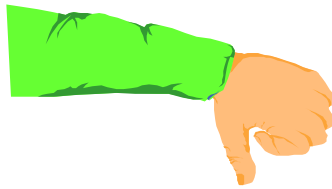
SANCTIONS

There are immediate and direct consequences for all conduct, both positive and negative. Sanctions follow violations and are applied as close to the time of the offending behavior as possible by the FDTTC team. Incentives and sanctions are applied at the **participant's** next scheduled review/status hearing, with the exception of serious violations (e.g. positive UA, new crime, etc), in which case the participant appears at the **next** review/status hearing.

Sanctions are used to emphasize the strict expectations and requirements of the program including participant accountability and to provide more structure and support when it is needed. Although final sanction decisions are made by the judge, the FDTTC team is involved in the process

- **Behaviors:** Clean UA, no new legal involvement, no curfew violation
- **Incentives:** Praise, progress through phases, gift certificates, later curfew, fewer drug tests, fee reduction, increase travel privileges, sports tickets, or entry for fishbowl drawings.
- **Behaviors:** Positive drug tests, new crime, or curfew violation

- **Sanctions:** Community service, increased curfew, increased drug testing, house arrest, electronic monitoring, increased review/status hearings, weekend detention, essay's, apology letters to judge and group, SCRAM monitoring or day in jury box.
- **Treatment Response:** Increase in services, or referral to other services.
- **Behaviors:** Family involvement in support networks, improved family relationships, staying current with child support payments, attendance at family sessions, completion of parenting classes, attendance in pro-social activities, or involvement in the community.
- **Incentives:** Praise, family outings, gift certificates, transportation vouchers, daycare vouchers, care packages, movie passes, coupons from local businesses, or credit against community service hours
- **Behaviors:** No improvement in the use of resources or family relationships, non-attendance at parenting classes, non-compliance with in-home family counseling, or non-compliance with family sessions.
- **Sanctions:** Lecture from the judge, community service hours, essays, or a life skills program.
- **Treatment Response:** Increase in services, in-home family counseling, increase in therapeutic visits, parenting classes, anger management program.
- **Behaviors:** Employment attendance, or increased performance, attendance and completion of CD treatment, attendance at family sessions, involvement in pro-social activities, attendance and completion of GED program, obtain stable housing, involvement in the community, or support groups.
- **Incentives:** Recreational activities, new clothes, later curfew, gift certificates, praise, coupons from local businesses, movie passes, phase acceleration, care packages, fee reduction, excused early from court or entry for fishbowl drawing.
- **Behaviors:** Unemployed, no response to educational goals, missed classes, no involvement in pro-social activities, association with negative peers, or non-compliance with treatment goals and expectations.
- **Sanctions:** Community service hours, increased curfew, increased drug testing, electronic monitoring, SCRAM monitoring, increased review hearings, reset in current phase or return to prior phase, increased office visits, increased support group attendance, day in the jury box, essay's, apology letters, or weekend detention.
- **Treatment Response:** Make-up missed classes, mentoring/tutoring, educational assessment, referral to job skills assessment, or financial counseling.



TERMINATION FROM FDTC

Warrants, new arrests or a violation of any aspect of your treatment plan may result in your termination from the FDTC Program. Other violations, which may result in termination, include the following:

- Missing and/or positive drug tests
- No progress with CJI timelines.
- Altered drug test
- Demonstrating a lack of program response by failing to cooperate with the case manager or treatment program; no progress in CHIPS case
- Violence or threat of violence directed at treatment staff, other participants of the program or other clients of the treatment providers



GRADUATION

Upon your successful completion of a treatment program and satisfaction of all other court requirements including continued sobriety, you will graduate from FDTC. Graduation from the FDTC program is recognized as a very important event. Your loved ones are invited to join you at a special ceremony as the FDTC Team congratulates you for successfully completing Phases I – IV of the FDTC program and achieving your goal to establish a drug-free life. Upon your graduation from the FDTC Program, you are welcome to come back and visit drug court at any time.

CONCLUSION

The goal of the Blue Earth County Family Dependency Treatment Program is to help you achieve a life free of dependence from mood-altering substances in order to achieve safety and permanency for your children. The Judge, court staff and the FDTC Team are here to guide and assist you, but the final responsibility is yours. To succeed, you must be motivated to make this commitment to a drug free life.



FDTC PHONE NUMBERS

FDTC Case Manager: _____

Treatment Provider: _____

Testing Phone #: _____

Public Defender (your attorney): _____

Guardian ad-litem: _____

Social Services Case Manager: _____

Mental Health Provider: _____

Medical Doctors: _____

Crisis Center: _____